

Online intervention for juveniles with alcohol violations

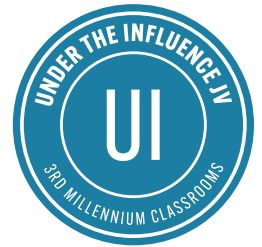
Under the Influence JV alcohol intervention is designed for juveniles with alcohol violations. The course includes multiple lessons addressing alcohol's effects on health, drinking and driving, state-specific laws, and alcohol/prescription interactions.

Utilizing the eCHECKUP TO GO brief intervention for alcohol, individuals receive a confidential drinking profile that summarizes personal drinking-related problems and provides a range of non-drinking strategies.

LEARNING OUTCOMES

After taking *Under the Influence JV*, the individual will be able to:

- Understand factors affecting BAC
- Understand what qualifies as a standard drink of alcohol
- Reflect on drinking habits on a daily, weekly, and monthly basis
- Understand how alcohol affects academic and sports performance
- Challenge peer use perception
- Develop a personal profile to examine personal drinking habits, family influences, and reasons for drinking
- Understand that males and females react differently to alcohol because of physiological differences
- Understand the "Expectancy Effect"
- Develop safe strategies to get home if intoxicated
- Discuss activities to engage instead of drinking
- Understand sexual risks associated with heavy drinking
- Discuss dangers behind alcohol poisoning, symptoms, and how to help
- Discuss dangers of mixing alcohol and drugs, including marijuana
- Recognize signs of alcohol abuse, alcoholism, and dependency
- Discuss state-specific laws on underage-drinking violations
- Understand why drinking and driving is so dangerous
- Learn how to build friendships without the influence of alcohol
- Learn healthy ways to respond to peer pressure



INTERVENTION // PERSONALIZED FEEDBACK // COMPLIANCE TRACKING // INTEGRATIONS
EVIDENCE-BASED // CUSTOMIZABLE // OUTCOME REPORTING // CONFIDENTIAL // ECHECKUP